

COMMUNITY ASSESSMENT OF PROGRAMMING FOR YOUTH INDEX Glossary

Age appropriate	Learning opportunities developed to appeal to young people at different ages and stages in their lives.
Alcohol abuse prevention and/or counseling programs	Programs used to educate youth about alcohol and the effects that may occur.
Benchmarking	A standard by which an organization can be measured. Benchmarking is a continuous and systematic process designed to promote organizational learning by incorporating <i>best practice</i> from other organizations. Benchmarking techniques are used to measure improvement in organizational performance over time. Traditionally, benchmarking activities have focused on comparing one organization's performance to that of "best practice".
Best practice	A concept referring to the best way of doing some normally as a function or process within an organization.
Character education	Teaching young people to make sound moral judgment.
Community Assessment of Programming for Youth (CAPY) Index	An evaluation instrument designed to assess the nature of community-supported programs for youth available in a neighborhood, town or region. This index calculates a score or index value based on how a community evaluates its level of youth programming available in the community.
Community service	Promotes fellowship among its members and is devoted to the principle of volunteering.
Drug abuse prevention and/or counseling programs	Educational technique characterized by self-paced, self-administered instruction presented in logical sequence and with much repetition of concepts.
Drug and alcohol counseling programs	Helps to identify behavior and problems related to their addictions.

Drug and alcohol peer education	Programs developed with peer educators so that you can socialize substance free.
Ethnic support organizations (African American, Asian, Hispanic, Middle Eastern, Native American, etc.)	An organization promoting a particular cultural interest as related to characteristics, customs, language, common history, etc.
Family mediation program	Programs used to utilize mediation to address issues concerns and conflicts faced by families and young people.
Family planning services	Services that promote personal wellness and encourage healthy lifestyles through health education and accessible healthcare services.
Goals	General guidelines that explain what you want to achieve.
Human sexuality education programs	<p>Programs adapted to help process the information that is being acquired also with the forming of their own attitudes, beliefs and values. It encompasses sexual development, reproductive health, interpersonal relationships, affection, intimacy, body image, and gender role.</p> <p>Assist young people in understanding a positive view of sexuality, provide them with information and skills about taking care of their sexual health, and help them make sound decisions now and in the future.</p>
Index	Aggregating indicators creates an index value (a number) summarizing performance in an organization, community, or region. The index simplifies a complex system of broader issues into one number. That number is used to compare change in value or quantity usually against a fixed standard.
Intramural programs	Athletic games that are played among members of the same school or in the city limits.
Life skills	Teach youth to examine their self-image and its effects on behavior, set goals, etc.

Mentoring programs	When trusted and experienced individuals freely acts as a friend, advisor, coach, etc., or a role model to someone less experienced and in need of such a relationship.
Mission Statement	The mission statement should serve as a guide for staff as they work through day-to-day operations. A brief statement (usually less than 100 words that clearly specifies the purpose of the organization; the stakeholders involved with the organization; the values of the organization; and the general strategies the organization will take to accomplish their goals.
Parent education programs	Increase their relationship skills through learning communication skills, social skills, parenting skills and information.
Peer support groups for conflict resolution	Peers provide positive methods of resolution by helping to understand conflict, use effective communication, understanding and handling anger with peer mediation.
Peer support groups for substance abuse	Programs in which young people serve as role models, facilitators, helpers and leaders for youth dealing with substance abuse.
Pregnancy prevention programs	Programs that provide sexuality education, contraceptive services, motivational opportunities as well as counseling services.
Pre-natal care	Healthcare during your pregnancy before your baby is born.
Professional development	Programmed activities for professionals to update their skills and expand their areas of expertise.
Programming targeting youth	
Residential care for youth	Facility that provides you with treatment while you live there.
Safe	Free from harm or risk
Self-esteem	Deep down feeling of your own worth

Service groups (Kiwanis, Junior League, fraternities, sororities, etc.)	
Smoking/tobacco prevention and/or counseling programs	Programs that tailor information on how to overcome the barriers to quitting or prevent the youth from starting.
Smoking/tobacco prevention programs	Skill-based programs that increase youth confidence to refuse an offer to smoke. Skills taught are necessary to resist social pressure and prevent smoking.
Social service providers	Help people solve social, financial, and health problems.
Social skills	Ability to interact with others in a positive way.
Stakeholders	Stakeholders are individuals, groups, or other organizations to which the activities of your organization matter. Stakeholders are networked into the decision-making ability of your organization and can help further organizational goals or limit its successes. Stakeholders include people who may directly influence your decisions as an organization as well as individuals who can be affected by your decisions.
Stress management classes or counseling	Incorporated techniques that can be used to cope with the harmful effects produced by stress.
Substance Abuse Prevention Groups	Programs that prevent illicit drug use, keeps drugs out of neighborhoods and schools and provide a safe and secure environment.
Teen father programs	Programs for teen fathers to educate them on their new responsibility by helping them understand their role. Also to help to prepare for the workforce.
Teen mother programs	Programs that are in place to build their self-esteem, educate parents in the needs of their children, and ensure that these parents will be able to work in the future.

Violence prevention programs	An organized plan for the effective implementation and evaluation of violence education.
Vision	The dream that inspires and gives direction
Wellness programs (fitness, nutrition, etc.)	Programs set up to meet your physical, emotional, mental, and spiritual needs for wholeness in body.
Workforce preparation programs	Allows for young people to expand their horizons, learn survival skills, career fair, how to prepare for interviews and find out what career interest them.
Young offenders rehabilitation program	Stresses the prevention of behaviors that leads to re-offending.

Building sustainable communities in its broadest definition requires attention to social, economic and environmental factors.